Corn Muffin

1 Cup Cornmeal

1 Cup All Purpose Flour

1/3 Cup Sugar

2 teaspoons Baking Powder

1/2 teaspoon Salt

1 Egg, beaten

1/4 Cup Oil

1 Cup Milk



- 1. Preheat oven to 400°F. Grease muffin pan or line with paper muffin liners.
- 2. In a large bowl, mix together corn meal, flour, sugar, baking powder and salt. Add egg, oil and milk; stir gently to combine. Spoon batter into prepared muffin cups.
- 3. Bake at 400°F for 15 to 20 minutes, or until a toothpick inserted into a muffin comes out clean.









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